



The Moving On Project helps women affected by human trafficking and modern slavery through one-to-one support, group support and signposting to other services.

We reach out to female survivors living in the community, providing specialist support to those who might not have access to such support, regardless of their status in the National Referral Mechanism.

We also help women who are vulnerable to the risks of modern slavery, including those who are economically and socially marginalised or disempowered or are suffering gender inequalities.

**We're here to support women with their recovery, whether this support is needed quickly after leaving an exploitative situation, or as they face challenges later on.**

Our support is tailored to meet each woman's individual needs and can include:

- **Casework:** helping women overcome the multiple barriers they face, explore their skills, interests and aspirations and become empowered to move forward with their lives
- **Wellbeing:** supporting women to access counselling, group therapies and drop in sessions to help improve physical, emotional, spiritual and mental wellbeing
- **Education and employment:** exploring opportunities for women to access training, work experience and volunteering, tailored to their individual needs and aspirations
- **Community activities:** promoting community engagement that helps women to build friendships, improve their social networks and take part in hobbies
- **Independent living:** helping women to develop the skills, confidence and knowledge to live independently
- **Accessing justice:** supporting women throughout the whole judicial process, should they wish to seek justice for their exploitation.

For more information about The Moving On Project, including how to make a referral, please contact:

**Hasmeet Dogra**  
**Caseworker West Midlands**  
**Tel: 07951 493566**  
**Email: [h.dogra@medaille-trust.org.uk](mailto:h.dogra@medaille-trust.org.uk)**

**Katie Moreton**  
**Local Coordinator West Midlands**  
**Tel: 07538 229092**  
**Email: [k.moreton@medaille-trust.org.uk](mailto:k.moreton@medaille-trust.org.uk)**